



FITNESS THAT MATTERS

Committed to Being the Best Part of Your Day

For the last 43 years, this community has been our family and we are grateful for the trust you have shown us. Now with COVID-19 being front and center in our lives, we want to help keep you safe by committing to the highest levels of health and safety within our clubs.

In this booklet you will find detailed descriptions of our new safety measures to ensure we are transparent about our efforts, both now and for the future. We are making strides in all areas of our clubs, including cleaning and sanitation, physical distancing, social responsibility, health, and hygiene, for both our members and our employees.

When you walk back into our clubs, though things may look a little different, our team members will be there for you, happy to be able to continue to strive to be the best part of your day! We look forward to seeing you soon.

Thank you,

Mark Miller
COO

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CLUB ENHANCEMENTS

- Purchased new technology including electrostatic sprayers with hospital-grade disinfectant to sanitize surfaces throughout the club, as recommended by the CDC. Electrostatic sprayers are proven to rapidly clean and disinfect areas with a 1-minute kill ratio.
- HVAC units have been enhanced to provide more fresh air flow and micronized filters have been installed to trap particles and clean air.
- Removed or disabled fans to mitigate the spread of germs.
- Updated faucets and toilets to touchless, wherever possible.
- Purchased extra gym wipe and automatic hand sanitizing stations and conveniently placed them throughout the gym floor, in group fitness studios and kids' clubs.

CLEANING & SANITATION PROTOCOLS

- **Lobbies (Main & Kids' Club):** High-traffic areas will have surfaces thoroughly cleaned and treated with hospital-grade disinfectants throughout the day.
- **Group fitness studios:** Class times will be adjusted to ensure there is at least 30 minutes between each class so that equipment can be properly sanitized. Instructors are tasked with reminding members to wipe down equipment before and after each class.
- **Fitness floor:** Our team will be using hospital-grade disinfectant on machines and fogging free weights with the electrostatic guns throughout the day. Extra gym wipe stations have been purchased and conveniently placed around the fitness floor for members to clean equipment before and after each use. Signage will be present to reinforce the responsibility of members to clean equipment.
- **High-touch areas:** Our team will take extra pre-caution to high-touch areas including welcome desks, registers, and door handles.

Third party cleaning and fogging companies will be utilized if necessary.



LIMITED CONTACT

- The fitness floor has been rearranged to observe physical distancing and proper spacing. While the majority of equipment has remained in the club, some have been removed to make space. If you are unable to find a specific piece, please ask one of our trainers for a substitute workout.
- Sneeze guards are placed on all welcome desks and kid's club counters as an extra precaution for our members and team.
- Members will be required to check-in using the Merritt Clubs App.
- We are no longer accepting cash payments.



EDUCATION AND REMINDERS

- Physical signage and several TV's in the club will feature PSA's reminding members to wash hands, wipe down equipment, and adhere to physical distancing
- Signage will be posted at entry ways stating that no members or staff are to enter the club if they show any signs or symptoms of COVID-19 or they will be asked to leave.
- Floor stickers will be placed in high-traffic areas and group fitness studios to remind members to remain at least 6 feet apart

All staff will be tasked with monitoring the club and reinforcing safety protocols.

SOCIAL RESPONSIBILITY

We're all in this together and it's important we all do are part in keeping our community healthy. Help us be apart of the solution by following these procedures:

- If you are sick or have shown any symptoms in the last 48 hours, please do not come into the clubs.
 - When inside, be respectful and courteous to all. Observe safe distances of at least 6 feet and pay attention to floor decals when in high-traffic areas.
 - Wash and sanitize your hands frequently.
 - Please be understanding of our new regulations and know that all guidelines are subject to change.

EMPLOYEE SAFETY

Keeping our team safe and healthy is a critical priority for us. Without a healthy and full staff, we cannot provide you the level of service you have come to know and expect from Merritt Clubs. Because of this we have ensured that:

- All employees will be in PPE face masks or coverings and gloves where appropriate.
- Each employee is trained on the proper use and how to safely dispose of any items.
- All employees will wash and sanitize hands, and follow proper healthy habits.
- Any ill employees will be required to stay home.

VISITOR AND VENDOR SAFETY

Having non-members and vendors in our clubs is a common function of business. However, during this time we will be taking extra precautions to ensure the safety of our team and members. These include:

- Temporarily requiring all guests to schedule an appointment before coming to club. Walk-in guests will not be permitted.
- Conducting digital meetings, when possible.
- Asking all visitors to abide by our new protocols, wear PPE, and fill out a health declaration claiming that they have not experienced any signs or symptoms of COVID-19 in the last 48 hours.