



# NEW SAUNA & STEAM ROOM RULES

- Only two members are allowed in at a time. If two people are already in the sauna or steam room, please wait to enter until one leaves.
- Please allow 6' for physical distancing between members.
- Please use your own towel to sit/lay on.
- Please shower prior to, and immediately after use.
- Please clean up after yourself.
- Please self-monitor and limit self to 10 minutes max so others may use.



**merritt  
clubs**