



# NEW SAUNA RULES

- Only two members are allowed in the sauna at a time. If two people are already in the sauna, please wait to enter until one leaves.
- Please allow 6' for physical distancing between members.
- Please use your own towel to sit/lay on.
- Please shower prior to, and immediately after use.
- Please clean up after yourself.
- Please self-monitor and limit self to 10 minutes max so others may use.