

OUR MISSION: To provide free, comprehensive health care for those who cannot afford commercial insurance, yet do not qualify for government assistance.

Since 1991, Shepherd's Clinic has been an innovator in providing health care for the uninsured. Provided services are available to patients living in nine zip codes in North Baltimore through the time, energy, and spirit of hundreds of dedicated volunteers. Patients are asked to donate \$3 - \$9 if possible. Most clinic patients (ages 19 - 64) fall under 200% of poverty and the majority of patients are working or live in a household with an employed individual.

100,000

people in Baltimore have no form of insurance.

13.5%

of Americans are currently uninsured.

33%

of Americans have been uninsured at some point.

Services

CLINICAL:

- Adult primary care
- Internal medicine
- Cardiology
- Dermatology
- Endocrinology
- Gynecology
- Medical supplies
- Psychiatry
- Cancer screening
- Preventive screening
- Laboratory testing
- Prescription medications
- Specialty consultations
- Diagnostic procedures

WELLNESS SERVICES:

- Yoga
- Mindfulness-based stress reduction
- Breathing demonstrations
- Nutrition classes
- Walking classes
- Smoking cessation
- Massage
- Meditation
- Acupuncture
- Reflexology
- Weight management classes
- Diabetes management classes

BEHAVIORAL SERVICES:

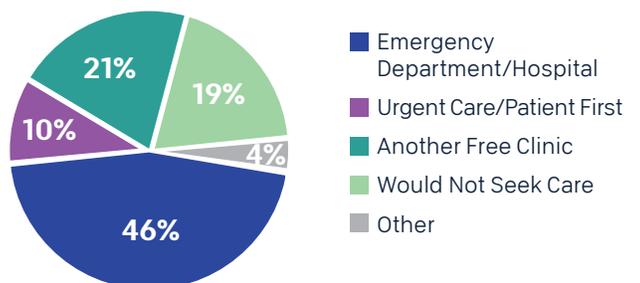
- Individual psychotherapy
- Psychiatry services
- Case management resources
- Psycho-education sessions
- Substance use disorders treatment



Patient Impact

In 2019, our medical clinic's patients identified as **81%** African American, **1%** Multi-Racial, **4%** Asian, **3%** Hispanic, and **11%** Caucasian. **62%** of patients identify as women. The average age of patients is **49**. **85%** of patients have more than one chronic disease. **67%** of patients receive medications and of those, **85%** are compliant in their medication adherence.

WHERE WOULD OUR PATIENTS GO IF SHEPHERD'S CLINIC WERE NOT AVAILABLE:



Due to COVID-19, some services are being offered virtually and some are on hold. For the most up to date offerings, people should call the clinic directly.