



Step Challenge

benefiting Shepherd's Clinic



Get moving with Merritt's Step Challenge! Monies raised from this challenge will benefit Shepherd's Clinic, an innovator in providing health care to the uninsured right here in Baltimore.

➤ CHALLENGE:

Move! Accumulate as many steps as possible between Monday, November 9, and Wednesday, December 9.

Fundraise! Ask your friends & family to support your efforts by donating to your fundraising page. Fundraising will end on December 9 at 11:59 PM.

➤ HOW TO GET STARTED:

Create a fundraising page under Team Merritt here: <https://givebutter.com/ACh2pb/join>. Once created, share your page's custom donation URL with your supporters! Kickstart your fundraising efforts by making a donation to your page.

Track your steps. Steps can be tracked on your iPhone via the Health App or on an Android via the Step, Pacer Pedometer, or Step Tracker. Fitbits can also record steps.

➤ PRIZES:

Most Steps:

1st Place: One Month Membership Dues, Two 45-Minute Personal Training Sessions, Merritt Bag

2nd Place: One 45-Minute Personal Training Sessions, Merritt Bag

Top Fundraiser:

One Month Membership Dues, Two 45-Minute Personal Training Sessions, Merritt Bag

