



HEATING INSTRUCTIONS

BRAISED CHICKPEAS

Recommended Heating Instructions:

- 1. Preheat the oven to 400 degrees.*
- 2. Take a small saucepan add the braised chickpeas.*
- 3. On your stove top, bring the chickpeas to a simmer on medium low heat. Occasionally stir to avoid any sticking on the bottom of the pan.*
- 4. While heating up chickpeas, place potatoes onto a baking pan and place in the oven for about 5 minutes or until hot all the way through.*

Quickest Heating Instructions:

- 1. Remove ricotta from container. Place lid loosely on top and place into the microwave.*
- 2. Microwave from 1 minute and then in 30 second intervals until hot. (About 2 minutes in total)*