



# HEATING INSTRUCTIONS

## **GINGER PORK BOWL**

### **Recommended Heating Instructions:**

- 1. Add ginger pork and a dash of water into a small sauté pan.*
- 2. On the stove cook the pork on medium-high heat until hot.*
- 3. Do the same for the cauliflower rice in a separate pan.*
- 4. Wrap the bok choy in a paper towel and microwave for 30 intervals until hot.*

### **Quickest Heating Instructions:**

- 1. Remove pickled vegetables, lime and scallion from the container.*
- 2. Microwave for 1 minute and then in 30 second intervals until hot.*