



HEATING INSTRUCTIONS

HONEY GARLIC CAULIFLOWER

Recommended Heating Instructions:

- 1. Preheat the oven to 400 degrees.*
- 2. Take a small saucepan, add jasmine rice and a ½ tablespoon of water.*
- 3. On your stove top, slowly heat up rice on medium low heat. Occasionally stir to avoid any sticking on the bottom of the pan.*
- 4. While heating up rice, place cauliflower onto a baking pan and place in the oven for about 5 minutes or until hot.*
- 5. Once cauliflower is hot toss in the honey garlic sauce and serve over rice.*

Quickest Heating Instructions:

- 1. Remove sambal and honey garlic sauce from container. Place lid loosely on top and place into the microwave.*
- 2. Microwave from 1 minute and then in 30 second intervals until hot.
(About 2 minutes in total)*
- 3. Toss cauliflower in honey garlic sauce and serve over rice.*