



HEATING INSTRUCTIONS

MEDITERRANEAN SALAD

Recommended Heating Instructions:

- 1. Set the oven to 350 degrees.*
- 2. Remove the chicken, place on a baking sheet.*
- 3. Place the chicken in the oven and bake for 7 minutes or until hot.*

Quickest Heating Instructions:

- 1. Remove chicken from container.*
- 2. Place on a microwave safe plate. Microwave from 1 minute and then in 30 second intervals until hot. (About 2 minutes in total)*