



HEATING INSTRUCTIONS

PORK TENDERLOIN

Recommended Heating Instructions:

- 1. Preheat the oven to 400 degrees.*
- 2. Take a small saucepans and add the pesto farro.*
- 3. On your stove top, sauté on medium low heat until hot.*
- 4. While heating up farro, place pork tenderloin and broccolini onto a baking pan and place in the oven for about 5 minutes or until hot all the way through.*

Quickest Heating Instructions:

- 1. Remove lemon from container.*
- 2. Place lid loosely on top and place into the microwave.*
- 3. Microwave from 1 minute and then in 30 second intervals until hot.
(About 2 minutes in total)*