



Class Descriptions

PRE-BALLET 1

Open to 3 year old dancers. Dancers will begin to focus on the fundamental elements of ballet including first through third positions. Students will practice basic ballet moves in the centre and across the floor. While building basic vocabulary, this class is aimed at developing concentration, body alignment and flexibility, and muscle control in fun and engaging ways!

BALLET 2

Open to 4-5 year old dancers. Dancers will expand their knowledge of the fundamental elements of ballet exploring fourth and fifth position and additional ballet moves. Students advance their knowledge in flexibility and muscle control with centre, barre, and across the floor practice. Students will build increasingly complex vocabulary, advancing their knowledge from Pre-Ballet I.

BALLET 3 (INTRO TO JAZZ)

Open to 6 year old dancers. Dancers will expand their knowledge of the fundamental elements of ballet exploring first through fifth position and additional ballet moves to include more complex turns and jumps. Students advance their knowledge in flexibility and muscle control with centre, barre, and across the floor practice. Students will build increasingly complex vocabulary, advancing their knowledge from Ballet I. A small portion of the class time will be spent on an introductory addition to the style of Jazz dance.

Fall Season Info

Session begins September 7.

The dancers will show off what they learned during our show case at the end of the session, date to be announced. Parents will be able to take videos and pictures at that time. Please refrain from taking video and pictures during class as it distracts the dancers while in class.

Pricing

One time fee (including costume)

30-MINUTE CLASS

Members: \$180 • Non-Members: \$215

45-MINUTE CLASS

Members: \$225 • Non-Members: \$265

Recital or show case to be announced.

New Procedures

We have adopted these new procedures to ensure your child's safety:

- No hands on assist
- No class will have more than eight students without informing other parents in the class
- Only water in sealed water bottle allowed in the studio
- Parents will not be allowed in the studio
- Parents will not be allowed to take pictures from the door of the dance class
- Have your dancer use the bathroom before class to keep the flow of the class
 - Do not stand by the studio door to keep distractions to a minimal



SATURDAY

- 11:30am – 12:00pm Pre Ballet 1 (ages 3)
- 12:00pm – 12:45pm Ballet 2 (ages 4 – 5)
- 12:45pm – 1:30pm Ballet 3/Jazz (ages 6)

Classes will be limited in size. In order for a class to run, it must have at least three students. No class will have more than eight students without informing other parents in the class. Age groups may be combine do to enrollment. The instructor or director can help parents decide which class maybe best suited for their dancer.



Attire

Girls: Leotard, ballet shoes, tights, and hair in bun or pony tail

Optional: Ballet skirt or shorts

Boys: Black pants, ballet shoes and a white shirt

For more information or to register for a class, contact Dea Lyons at dlyons@merrittclubs.com.

Child's Name Parent's Name

Are you a Merritt member? Class Day of Choosing Class Time of Choosing

Address

City/State/Zip

Home Phone # Cell Phone #

Email

The undersigned as or on behalf of the participant (the "Participant") in the subject program (the "Program") acknowledges and accepts the risks inherent in the use of the Merritt Clubs' facilities and participation in the Program and assumes the sole risk of injury, accident, death, loss, cost or damage to person or property that might arise therefrom, including those arising in connection with any pre-existing physical condition or impairment. The Participant agrees to abide by all policies and procedures of Merritt Clubs, which policies and procedures may be posted at the facility, issued orally and/or published, and which may be amended from time to time at management's sole discretion.

The Participant hereby grants Merritt Clubs, its instructors, employees, servants, and agents (collectively, "Merritt") the right to make photographs, audio recordings, videotape, or other electronic reproductions of the Participant's image, voice or likeness during or in connection with the Program and authorizes Merritt to use the Participant's image, voice, and likeness in drawings, photographs, videotapes, sound recordings, motion pictures or other media materials (collectively, "media materials") for promotional purposes, research, publicity or other purposes deemed appropriate by Merritt. The Participant hereby waives any right to inspect or approve any media materials that Merritt may eventually use containing the Participant's image, likeness or voice. The undersigned hereby acknowledges and agrees that all media materials are the property of the Merritt, including any copyright therein, and that the Participant may or may not be included in whatever credits are associated with the media materials.

The undersigned, individually and on behalf of the Participant and his or her heirs, personal representatives, executors, representatives and assigns, hereby releases and discharges Merritt from all claims, demands, injuries, damages, costs, expenses, liabilities, actions or causes of action whatsoever to the Participant's person or property or otherwise incurred by the Participant arising out of or in connection with (a) the use of the Merritt Clubs' facilities and participation in the Program or (b) arising from acts of active or passive negligence on the part of the Merritt or (c) the making of and release of media materials or any information concerning the media materials.

Signature Date

