

Swim SCHOOL

MICHAEL PHELPS



ELDERSBURG

To register for a class please go to
www.merrittclubs.com/mpss

For more information contact Deborah Cass-Jackson at
dcassjackson@merrittclubs.com or 410.549.8855

The ultimate goal of the Michael Phelps Swim School is to develop the whole person, physically and mentally. Swim classes include personal safety, stroke development, water sports and games, personal growth, and rescue. We want to ensure that each participant has an opportunity to become very comfortable and relaxed in the water.





CLASS CHOICES

GET WET

Parent and child-very individualized instruction. (Ages 6 months – 3 years)

PRE-BEGINNER

Introduction to basic water skills. (Ages 3 – 6 years, new to swim lessons, able to participate without parents in the water)

BEGINNER LEVEL 1

Participants must be comfortable in the water and be able to completely submerge without hesitation. (Ages 3 – 7 years, puts face in the water without hesitation, able to kick with face in for 3 – 5ft unassisted)

BEGINNER LEVEL 2

Perfecting front crawl and back crawl and learning proper breathing techniques while swimming freestyle. Must be comfortable swimming unassisted in all skills. (Ages 3 – 7 years, swim front crawl 12ft, able to kick on back unassisted)

ADVANCED BEGINNER

Can swim unaided and are able to demonstrate rotary breathing. Comfortable in deep water. (Ages 5 – 10 years, able to swim Front Crawl with proper breathing 12ft, swim Back Crawl 12ft)

INTERMEDIATE

Can swim at least 25 yards unaided. Able to demonstrate good rotary breathing with freestyle. Able to demonstrate a competent backstroke. (Ages 7 – 12 years, 25 yards freestyle, 1 minute treading, 25 yard backstroke)

SESSION DATES

Winter

Sundays 1/4 – 2/8
 Monday 1/5 – 2/9
 Tuesday 1/6 – 2/10
 Wednesday 1/7 – 2/11
 Thursday 1/8 – 2/12
 Friday 1/9 – 2/13
 Saturday 1/10 – 2/14
 Break week 2/15 – 2/21

Spring 1

Sunday 2/22 – 3/29
 Monday 2/23 – 3/30
 Tuesday 2/24 – 3/31
 Wednesday 2/25 – 4/1
 Thursday 2/26 – 4/2
 Friday 2/27 – 4/3
 Saturday 2/28 – 4/4
 Break week 4/5 – 4/11

Spring 2

Sunday 4/12 – 5/17
 Monday 4/13 – 5/18
 Tuesday 4/14 – 5/19
 Wednesday 4/15 – 5/20

Thursday 4/16 – 5/21
 Friday 4/17 – 5/22
 Saturday 4/18 – 5/23
 Break week 5/24 – 5/30

Summer 1

Sunday 5/31 – 7/5
 Monday 6/1 – 7/6
 Tuesday 6/2 – 7/7
 Wednesday 6/3 – 7/8
 Thursday 6/4 – 7/9
 Friday 6/5 – 7/10
 Saturday 6/6 – 7/11
 Break week 7/12 – 7/18

Summer 2

Sunday 7/19 – 8/23
 Monday 7/20 – 8/24
 Tuesday 7/21 – 8/25
 Wednesday 7/22 – 8/26
 Thursday 7/23 – 8/27
 Friday 7/24 – 8/28
 Saturday 7/25 – 8/29
 Break week 8/30 – 9/5

Fall 1

Sunday 9/6 – 10/11
 Monday 9/7 – 10/12
 Tuesday 9/8 – 10/13
 Wednesday 9/9 – 10/14
 Thursday 9/10 – 10/15
 Friday 9/11 – 10/16
 Saturday 9/12 – 10/17
 Break week 10/18 – 10/24

Fall 2

Sunday 10/25 – 11/29
 Monday 10/26 – 11/30
 Tuesday 10/27 – 12/1
 Wednesday 10/28 – 12/2
 Thursday 10/29 – 12/3
 Friday 10/30 – 12/4
 Saturday 10/31 – 12/5
 Break week 12/6 – 12/12

*No classes will be held July 4 or September 7.

Spaces are limited to six participants per class (and 12 for Get Wet), so sign up in advance!

Pricing: \$130/members for 6 lessons • \$199/non-members for 6 lessons
 *Each registration includes a gift! See schedule below (subject to change based on supply):

Winter - MPSS Swim Bag Summer 2 - Swim Goggles
 Spring 1 - Coloring Book Fall 1 - Coloring Book
 Spring 2 - Swim Goggles Fall 2 - MPSS Swim Duck
 Summer 1 - MPSS Swim Duck

No make-ups for missed classes. If Merritt needs to cancel a lesson, a special make-up class will be offered (Usually on the week break in between sessions.)

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