

# MICHAEL PHELPS Swim SCHOOL



**TOWSON**

To register for a class please go to  
[www.merrittclubs.com/mpss](http://www.merrittclubs.com/mpss)

For more information contact Rachel Gracia  
at 410.821.0160 or [rgracia@merrittclubs.com](mailto:rgracia@merrittclubs.com).

The ultimate goal of the Michael Phelps Swim School is to develop the whole person, physically and mentally. Swim classes include personal safety, stroke development, water sports and games, personal growth, and rescue. We want to ensure that each participant has an opportunity to become very comfortable and relaxed in the water.





# CLASS CHOICES

## GET WET

Parent and child-very individualized instruction. Ages 6 months – 3 years.

## PRE-BEGINNER

Introduction to basic water skills. Ages 3 – 6 years.

## BEGINNER

Participants must be comfortable in the water and be able to completely submerge without hesitation. Ages 3 – 7 years.

## ADVANCED BEGINNER

Can swim unaided and are able to demonstrate rotary breathing. Comfortable in deep water. Ages 5 – 10 years.

## INTERMEDIATE

Can swim at least 25 yards unaided. Able to demonstrate good rotary breathing with freestyle. Able to demonstrate a competent backstroke. Ages 7 – 12 years.

**For correct class offerings, please go to [merrittclubs.com/mpss](http://merrittclubs.com/mpss). Days and times are subject to change.**

	Monday	Tuesday	Thursday	Saturday
Get Wet			5:00pm	10:10am
Pre-Beginner	5:00pm 6:10pm	5:00pm	5:35pm	9:00am 10:45am 9:35am
Beginner	4:25pm 5:35pm	6:10pm	6:10pm	9:00am 9:35am 10:10am 10:45am
Advance Beginner	6:45pm	6:45pm	6:45pm	9:35am 10:10am
Intermediate		5:35pm		9:00am 10:45am

# 2026 SESSION DATES

Registration opens **THREE WEEKS** prior to the start of the session.

## Winter Session

Sundays 1/4 – 2/8  
Mondays 1/5 – 2/9  
Tuesdays 1/6 – 2/10  
Wednesdays 1/7 – 2/11  
Thursdays 1/8 – 2/12  
Fridays 1/9 – 2/13  
Saturdays 1/10 – 2/14  
Break Week 2/15 – 2/21

Tuesdays 4/14 – 5/19  
Wednesdays 4/15 – 5/20  
Thursdays 4/16 – 5/21  
Fridays 4/17 – 5/22  
Saturdays 4/18 – 5/23  
Break Week 5/24 – 5/30

Fridays 7/24 – 8/28  
Saturdays 7/25 – 8/30  
Break Week 8/30 – 9/6

## Summer 1

Sundays 5/31 – 7/5  
Mondays 6/1 – 7/6  
Tuesdays 6/2 – 7/7  
Wednesdays 6/3 – 7/8  
Thursdays 6/4 – 7/9  
Fridays 6/5 – 7/10  
Saturdays 6/6 – 7/18  
Break Week 7/12 – 7/18

## Summer 2

Sundays 7/19 – 8/23  
Mondays 7/20 – 8/24  
Tuesdays 7/21 – 8/25  
Wednesdays 7/22 – 8/26  
Thursdays 7/23 – 8/27

## Spring 1

Sundays 2/22 – 3/29  
Mondays 2/23 – 3/30  
Tuesdays 2/24 – 3/31  
Wednesdays 2/25 – 4/1  
Thursdays 2/26 – 4/2  
Fridays 2/27 – 4/3  
Saturdays 2/28 – 4/4  
Break Week 4/5 – 4/11

## Spring 2

Sundays 4/12 – 5/17  
Mondays 4/13 – 5/18

## Fall 1

Sundays 9/6 – 10/11  
Mondays 9/14 – 10/19  
Tuesdays 9/8 – 10/13  
Wednesdays 9/9 – 10/14  
Thursdays 9/10 – 10/15  
Fridays 9/11 – 10/16  
Saturdays 9/12 – 10/17  
Break Week 10/18 – 10/24

## Fall 2

Sundays 10/25 – 11/29  
Mondays 10/26 – 11/30  
Tuesdays 10/27 – 12/1  
Wednesdays 10/28 – 12/2  
Thursdays 10/29 – 12/3  
Fridays 10/30 – 12/4  
Saturdays 10/31 – 12/5  
Break Week 12/6 – 12/12

\*No classes will be held Thanksgiving weekend, July 4 and September 7. We will make up on break week.

Spaces are limited to six participants per class (and 12 for Get Wet), so sign up in advance!

**Pricing:** \$130/members for 6 lessons • \$199/non-members for 6 lessons

\*Each registration includes a gift! See schedule below (subject to change based on supply):

Winter - MPSS Swim Bag  
Spring 1 - Coloring Book  
Spring 2 - Swim Goggles  
Summer 1 - MPSS Swim Duck

Summer 2 - Swim Goggles  
Fall 1 - Coloring Book  
Fall 2 - MPSS Swim Duck

No make-ups for missed classes. If Merritt needs to cancel a lesson, a special make-up class will be offered (Usually on the week break in between sessions.) For more information contact Rachel Gracia at [rgracia@merrittclubs.com](mailto:rgracia@merrittclubs.com) or 410.821.0160.

Connect with us!

[www.merrittclubs.com](http://www.merrittclubs.com)

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