

MICHAEL PHELPS Swim SCHOOL

WHITE MARSH

To register for a class please go
to www.merrittclubs.com/mpss.

For more information, contact Amy Mergerian
at amergerian@merrittclubs.com.

The ultimate goal of the Michael Phelps Swim School is to develop the whole person, physically and mentally. Swim classes include personal safety, stroke development, water sports and games, personal growth, and rescue. We want to ensure that each participant has an opportunity to become very comfortable and relaxed in the water.





CLASS CHOICES

GET WET

Parent and child-very individualized instruction. Ages 6 months – 3 years.

PRE-BEGINNER

Introduction to basic water skills. Ages 3 – 6 years.

BEGINNER I

Participants must be comfortable in the water and be able to completely submerge without hesitation. Ages 3 – 7 years.

BEGINNER II

Participants must be able to swim front crawl 10 yards and be comfortable kicking on their back. Ages 4–9 years.

ADVANCED BEGINNER

Can swim unaided and are able to demonstrate rotary breathing. Comfortable in deep water. Ages 5 – 10 years.

INTERMEDIATE

Can swim at least 25 yards unaided. Able to demonstrate good rotary breathing with freestyle. Able to demonstrate a competent backstroke. Ages 7 – 12 years.

For additional class options, please go to www.merrittclubs.com/mpss.

	MON	TUES	WED	THURS	FRI	SAT
Get Wet	4:20PM		5:00PM	2:00PM		11:20 AM
Pre-Beginner	5:00PM	4:20PM 5:40PM	5:40PM	12:00PM	12:40PM 2:00PM	10:00AM 10:40AM
Beginner I	5:40PM	5:00PM 6:20PM	4:20PM	12:40PM	12:00PM 1:20PM	10:00AM 11:20AM
Beginner II	6:20PM		6:20PM	1:20PM		10:40 AM
Advanced Beginner	7:00PM		7:00PM			9:20AM
Intermediate		7:00PM				9:20AM

SESSION DATES

Classes run for 5 weeks, 35-minute sessions

Summer Session 1

June 1 – July 3

*No class day July 4 – Make-up scheduled July 11

Summer Session 2

July 13 – August 15

Spaces are limited to six participants per class, so sign up in advance!

Pricing: \$130/members for 5 lessons
\$199/non-members for 5 lessons

*Summer 1 registration includes a MPSS duck.
Summer 2 registration includes MPSS goggles.
Sessions are 35-minutes.*

No make-ups for missed classes. If Merritt needs to cancel a lesson, a special make-up class will be offered. For more information contact Amy Mergerian at amergerian@merrittclubs.com at 410.773.9007.

2019 BEST OF BALTIMORE AWARDS IN THE CATEGORY OF SWIMMING INSTRUCTOR

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